**Body & Soul Program Logic Model**

**INPUTS**

**ACTIVITIES**

**OUTPUTS**

* Church partnerships
* Motivated pastor
* Volunteer church liaisons
* Lay counselors
* Kick-off event
* Form a project committee
* Organize nutrition events
* Change church policies
* Administer self-help materials

services

* *Develop products*
* *Create curriculums*
* *Train*
* *Consult*
* *Assess*
* *Facilitate*
* *Partner*
* *Conduct workshops*
* *Deliver*

services

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* *Assess*
* *Facilitate*
* *Partner*
* Number kick-off event attendees
* Number of committee members
* Number of nutrition events held
* Number of church policies changed
* Number of cookbooks, videos and educational materials administered

*Short:*

Increase motivation to eat more fruits and vegetables

**OUTCOMES**

*Long:*

Increase social and environmental support for healthy eating

*Mid:*

Increase daily consumption of fruits and vegetables

Decrease caloric intake

*Long:*

Social

Economic

Environment

*Short:*

Awareness

Knowledge

Attitudes

*Mid:*

Behavior

 Practice

**OUTCOMES**